

Mother Child Mental Health- Managing Risks and Promoting Resiliency in Families

Friday, April 25, 2014

8:30 a.m. to 4:30 p.m. (Registration starts at 7:45 a.m.)

Four Points by Sheraton London

1150 Wellington Road South, London, Ontario

Visit us at:

<http://www.psychiatry.meduwo.ca/dir/content/upcoming-events>

Keynote Speaker and Workshop Presenter Dr. Chaya Kulkarni is Director of Infant Mental Health Promotion (IMHP), a professional coalition dedicated to promoting optimal mental health outcomes for infants, based out of The Hospital for Sick Children in Toronto. Chaya is also an Advisor to the Dolly Parton's foundation, The Imagination Library, a member of the Board at Family Day Association and a part time professor at Seneca College in the Bachelor of Child Development program. Prior to joining IMHP Chaya was VP, Parent and Professional Education at Invest in Kids, and has also served as Senior Policy Analyst and Researcher for the Office of the Official Opposition, Queen's Park.

Plenary Speaker and Workshop Presenter Dr. Heidi Haensel, MD, FRCPC, is the Clinical Lead for Women's and Children's Consultation-Liaison Psychiatry at London Health Sciences Centre. She is also an Assistant Professor with the Schulich School of Medicine and Dentistry, University of Western Ontario and a Psychiatrist in the Child and Adolescent Mental Health Care Program at Children's Hospital. She completed her medical degree at Memorial University in Newfoundland in 2003, and her Psychiatry residency training through the University of Western Ontario in 2009. In the course of her residency training, she worked with the Reproductive Life Stages Program at Women's College Hospital in Toronto. She is currently working with the Department of Obstetrics at London Health Sciences Centre in an ongoing effort to enhance perinatal mental health services. She is also the proud mother of 3 wonderful children.

Dr. Laura Lyons is a family physician and associate professor with the department of family medicine, Schulich School of Medicine and Dentistry. Her academic clinical practice is located at the St Joseph's Family Medical Centre where she is the Medical Director. She practices comprehensive family medicine with a focus in obstetrics and women's health. Dr. Lyons is also certified in addictions and methadone prescribing, and provides care to women struggling with addictions in pregnancy. In addition to her community practice, Dr. Lyons provides obstetrical care at the Family Medicine Obstetrics clinic at LHSC. Her primary field of research is psychosocial risk factors in pregnancy.

Dr. Jeff Carter is a counselling and clinical psychologist and the Coordinator of Continuous Quality Improvement at Vanier Children's Services in London Ontario. He is an Adjunct Assistant Professor in the Department of Psychiatry at the University of Western Ontario, and serves as the Research Coordinator for the Division of Child and Adolescent Psychiatry. Dr. Carter is an Adjunct Clinical Professor for the Department of Psychology at Western and a member of Western's Health Sciences Research Ethics Board. He is also the Research Editor for the Journal of Systemic Therapy. Dr. Carter started working in children's mental health as a Child and Youth Counsellor in 1988. He completed his graduate work in clinical psychology at Western (1992-2000), including his residency focusing on services for children and adolescents at London Health Sciences Centre (1998-1999). He has been a psychologist at Vanier since 2000. After over ten years as the team psychologist with a short-to-medium term residential program, he is now the consulting psychologist with the long-term residential program for children who have experienced trauma and with the therapeutic foster program.

Julie Smith, BSW (Windsor), MSW (Toronto), is a child protection supervisor at the Children's Aid Society of London and Middlesex. She has worked at the Society since 1999 in the capacity as a front line child protection worker, Family Support Supervisor, Native Service Supervisor and High Risk Infant Team Supervisor. Julie has taken the lead in promoting leading practices related to working with high risk infants since 2008. Julie has been co-chair of the CAS-Hospital working committee, chair of the CAS safe sleep committee and the agency liaison with the Middlesex -London Health Unit.

Kathryn Lambert, BSW (McGill), MSW (UWO), is the Clinical Support and Conferencing Supervisor at the Children's Aid Society of London and Middlesex. Kathryn has worked at the Society since 2000 in the capacity as a front line child protection worker, Family Support Supervisor, Native Service Supervisor, Ongoing service Supervisor, Intake Supervisor and after hours supervisor. Kathryn has taken the lead at the Society in the area of working with families where a parent has a mental illness. Kathryn's current responsibilities include establishing internal networks in the areas of addiction, adolescents, high risk infants, Domestic Violence and mental health. Kathryn is an OACAS trainer in the area of child development, the impact of maltreatment and attachment.

Planning Committee: Naveed Rizvi, M.B., B.S. FRCPC.; Brooke Nofle, M.D.; Ben Loveday, M.D.; Julie Jeanson, RN; Sandra Fisman, M.D., FRCPC.; Heidi Haensel, MD, FRCPC.; Laura Lyons, BSc, MD, CCFP; Sarah Parkinson, RN MScN PNC(c); Heather Struckett, RM, BHSc

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6.5 hours).

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 6.5 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

This program was supported in part by an educational grant from the following:
Otsuka Canada Pharmaceutical Inc.
Purdue Pharma Canada

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Objectives: By attending this conference participants will be able to:

1. Recognize the influence of psychological and social adversity on mother infant interactions.
2. Understand the link between mental health issues during pregnancy and the impact of untreated conditions on the early behavioral/emotional development of an infant and child.
3. Identify strategies for managing mental health issues and substance abuse during pregnancy.
4. Review current information regarding the use of psychotropic medications during pregnancy and breastfeeding
5. Identify community resource and support systems available to promote infant/ child safety and family resiliency
6. To develop tools and knowledge to aid families in navigating the mental health care system for themselves and their children.

AGENDA

7:45am – 8:30am: Registration	12:00pm – 1:00pm: Lunch
8:30am – 8: 45am: Opening Remarks	1:00pm – 2:30pm: Afternoon Workshop Session
8:45am – 10:15am: Plenary Presentation	2:30pm – 2:45pm: Break
10:15 – 10:30am: Break	2:45pm – 4:15pm: Keynote Presentation
10:30am – 12:00pm: Morning Workshop Session	4:15pm – 4:30pm: Closing Remarks/Evaluations

Concurrent Workshops – Please choose one session in each time slot

(Selection does not guarantee workshop. Space is limited, so attendance at workshops is “first come, first served”)

Workshop session 1: 10:30 a.m. to 12:00 p.m.

- ☐ Kulkarni - Using Wait Times for Intensive Services to Support Developmental Needs: The Creation of Developmental Support Plans
- ☐ Haensel, Lyons – Myths and Facts About Substance Use and Psychiatric Medications in Pregnancy and Breastfeeding
- ☐ Lambert , Smith - Accessing and navigating child protection services to promote child safety and family resilience
- ☐ Carter – The tangled web of children’s behaviour and parents’ mental health – and what we can do about it

Workshop session 2: 13:00 p.m. to 14:30 p.m.

- ☐ Kulkarni - Using Wait Times for Intensive Services to Support Developmental Needs: The Creation of Developmental Support Plans
- ☐ Haensel, Lyons – Myths and Facts About Substance Use and Psychiatric Medications in Pregnancy and Breastfeeding
- ☐ Lambert , Smith - Accessing and navigating child protection services to promote child safety and family resilience
- ☐ Carter – The tangled web of children’s behaviour and parents’ mental health – and what we can do about it

Registration deadline – April 14th, 2014

REGISTRATION FEES: Early Bird Registration (until April 1, 2014) - \$140; AFTER April 1, 2014- \$165 per person; includes hot/cold lunch and refreshment breaks

Students, Residents, Staff associated with CAMHCP (LHSC Child and Adolescent, RMHCL Adolescent Program) - \$55

Cancellation Policy: We reserve the right to cancel this program due to insufficient registration or circumstances beyond our control. For a refund, notice of cancellation must be received in writing two weeks prior to conference date. We regret that a refund cannot be offered after the cancellation date of April 14, 2014. An administration fee of \$20.00 will be charged for cancellations. Receipts will be provided on the day of the conference.

CONFIRMATION POLICY: No confirmation of registration is issued. You should consider your payment of registration as accepted unless you are advised to the contrary.

TO REGISTER FOR: Mother Child Mental Health- Managing Risks and Promoting Resiliency in Families

Complete this form and mail or fax to: Faye Slote, Department of Psychiatry, London Health Sciences Centre, Victoria Hospital, B Zone, North Tower, Room B8-119, 800 Commissioners Road East, London, Ontario N6A 5W9, or FAX (519) 667-6564; Phone (519) 685-8500 x75783; faye.slote@lhsc.on.ca

NAME: _____ Profession: | C.Y.C. | M.D. | O.T. | Ph.D. | R.N. | S.W. | Other

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I WISH TO PAY BY (circle one): VISA MASTERCARD CHEQUE (Payable to LHSC Research Inc.)

TOTAL FEE ENCLOSED: \$ _____

Card Number: _____ Expiry Date: MM / YYYY _____ Name on Card: _____