

Program

- 8:20 **Welcome and Opening Remarks**
- 8:30 **Breastfeeding Advocacy: Then and Now**
Penny Van Esterik
- 9:20 **The Emotional Health of the Breastfeeding Mother**
Sue Biglieri
- 9:35 The Dianne Younker Memorial Keynote Lecture

 **“Birth Weight, Bilirubin and Blood Sugar:
 What Do the Numbers Mean for Newborn Care?”**
 Jennifer Thomas
- 10:35 Refreshment Break
- 11:00 **Encouraging Breastfeeding in the Community:
Case Scenarios (including Induced Lactation)**
Leah Roth
- 11:40 **Microbiome and Breast Milk**
Julia Panczuk
- 12:10 Lunch in Alumni Hall
- 1:00 **Donor Milk Bank**
Sharon Unger and Debbie Stone
- 2:00 **A Pharmacologic Commentary on the Use of
Domperidone and/or Marijuana while
Breastfeeding**
Andrew Wylie and Nastaran Ostad
- 2:30 Refreshment Break

- 2:45 **Positive Breastfeeding Practice Changes**
Susan Guest
- Case #1 Increasing Parent Breastfeeding
 Knowledge in the Antenatal Period & Its
 Impact on Supplementation with
 Formula in the Postpartum Period
- Case #2 The Impact of Early Patient Hand
 Expression Education on Practice
- Case #3 Increasing Parent Knowledge
- 3:15 **Why Not Just One Bottle?**
Jennifer Thomas
- 4:15 Closing Remarks and Adjournment

Goals and Objectives

- To promote and encourage the importance of the multidisciplinary team in caring for the medically complex woman who wants to breastfeed
- To provide a forum for the multidisciplinary team to share knowledge of evidence-based practice and current research as it relates to caring for the breastfeeding mother infant dyad
- To gain insight into the challenges faced by the multidisciplinary team when supporting the medically challenged mother or infant.

Guest Faculty

Jennifer Thomas, MD, MPH, IBCLC, FAAP, FABM
Paediatrician
Franklin, Wisconsin

Local Faculty

Susan Biglieri RN, BScN, MEd
Nurse Clinician, Perinatal Mental Health Program
Mount Sinai Hospital

Susan Guest RN, MN, IBCLC
Clinical Nurse Specialist
Women's and Infants Health Program
Mount Sinai Hospital

Nastaran Ostad
Pharmacist
Mount Sinai Hospital

Julia Panczuk MD, FRCPC
Paediatrician
Hospital For Sick Children

Leah Roth MD, FRCPC
Paediatrician
Better Breast Feeding Clinic
Toronto, Ontario

Debbie Stone RN IBCLC
Lactation Consultant, Manager
Rogers Hixon Ontario Human Milk Bank

Sharon Unger MD, FRCPC
Associate Professor, Dept. of Paediatrics
University of Toronto
Neonatologist
Mount Sinai Hospital

Penny Van Esterik PhD
Professor, Dept. Of Anthropology
York University

Andrew Wylie
Pharmacist
Mount Sinai Hospital

Registration (Breastfeeding)

First Name: _____
Last Name: _____
Hospital/Facility: _____
Address: _____
City: _____
Province: _____
Postal Code: _____
Phone: _____
Email: _____

Profession ☐ Family Physician ☐ Ob/Gyn
☐ Lactation Consultant ☐ Nurse ☐ NP
☐ Fellow/Resident ☐ Other: _____

If paying by credit card, please complete credit card information and fax to: (416) 586-5958

☐ Visa ☐ Mastercard

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If paying by cheque, please complete form and make cheque payable to: OBS/GYN Associates and mail to

CME – Dept. of Ob/Gyn (Attn: E. Gan)
Mount Sinai Hospital
700 University Ave. 3rd Flr, Room 3-344
Toronto, Ontario M5G 1X5

You may also register online at the Mount Sinai website
www.mountsinai.on.ca/ce

Registration Fees (Canadian \$)

	Before May 5	After May 5
Physicians	\$ 200	\$ 225
Lactation Consultants Nurses/Other	\$ 175	\$ 200
Fellows/Residents Full-time Students	\$ 100	\$ 125

- Registration fee includes attendance at all lectures, syllabus, CME credits, continental breakfast, lunch and coffee breaks
- Refunds will not be issued for cancellations received after May 5, 2014. A processing fee of \$40.00 will be retained on all cancellations.

Accreditation

- This event is an accredited group learning activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of the **Royal College of Physicians and Surgeons of Canada** and has been assigned **6.5 credits**.
- This program meets the accreditation criteria of the **College of Family Physicians of Canada** and has been accredited for **6.5 MAINPRO®-M1** credits.
- This program is certified by the **International Board of Lactation Consultant Examiners** (IBLCE – Approval Number C1220029) and has been approved for **6.3 L CERPS**.
- For nurses, this course will fulfill the requirement for reflective practice.

CME
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University of Toronto
Department of Obstetrics &
Gynaecology

Hosted by the Baby Friendly Initiative Committee of

MOUNT SINAI HOSPITAL
Joseph and Wolf Lebovic Health Complex

Overcoming Breastfeeding Challenges Current Research & Best Practices

Thursday, June 5, 2014

Northrop Frye Auditorium
Victoria College, University of Toronto
73 Queen's Park
Toronto, Ontario