

Program

- 7:30 Registration and Coffee
- 8:20 Welcome and Opening Remarks
Harold Drutz
- 8:30 **When Should the Family Doctor Refer Patients for Geriatric Assessment**
Paul Katz
- 9:05 **Challenging Clinical Issues in Vaginal Atrophy**
Wendy Wolfman
- 9:45 **Decreased Sexual Desire in Aging Women**
Susan Davis
- 10:25 AM Refreshment
- 10:55 Hot Topic #1
Sleeping Problems: Could it be Sleep Apnea?
John Floras
- 11:10 **Common Vulvar Complaints in Aging Women**
Lynette Margesson
- 11:50 Lunch
Note: For interested individuals, May Alarab will doing pessaries demonstration in Victoria College (VC 115) during the lunch period.
- 12:50 Panel Discussion
- “Ask the Expert”**
With, Lynette Margesson, Harold Drutz,
& Wendy Wolfman
- 1:40 **How to Maintain Continence in the Aging Woman**
Harold Drutz
- 2:15 Hot Topic #2
Fibristal: A Revolution in Fibroid Treatment
Ally Murji

- 2:30 PM Refreshment
- 2:45 **The Inevitability of Osteoarthritis: Fact or Fiction?**
Heather McDonald-Blumer
- 3:20 **Menopausal Hormone Therapy and Breast Cancer: Perspective vs. Reality**
Marla Shapiro
- 4:00 Closing Remarks and Evaluation
Wendy Wolfman

Note: All lectures include 10 minutes of Q & A

Course Objectives

Our objectives for this day include addressing the common health issues related to women as they age. We will discuss state-of-the-art gynaecological and menopausal treatments. Finally, we want to provide a forum for interactive dialogue for the management of health care issues related to the aging women.

Guest Faculty

- Susan R. Davis (by videoconference)**
Professor of Women's Health and NHMRC Principal Research Fellow
Director, the Women's Health Research Program,
Department of Epidemiology and Preventive Medicine
School of Public Health and Preventive Medicine
Monash University
Melbourne, Australia
- Lynette Margesson**
Assistant Professor, Departments of Medicine (Dermatology) and Obstetrics and Gynecology
Dartmouth Medical School
Manchester, New Hampshire

University of Toronto Faculty

- May Alarab**
Assistant Professor, Obstetrics & Gynaecology
University of Toronto
Urogynaecologist, Mount Sinai Hospital
- Harold Drutz**
Professor, Obstetrics & Gynaecology
Head - Division of Urogynaecology
Urogynaecologist, Mount Sinai Hospital
- John Floras**
Professor, Dept. of Medicine (Cardiology)
Canada Research Chair in Integrative Cardiovascular Biology
Mount Sinai Hospital
- Paul Katz**
Professor, Dept. of Medicine
Vice-president of Medical Services and Chief of Staff,
Baycrest
- Heather McDonald-Blumer**
Associate Professor, Department of Internal Medicine
Associate Director, Osteoporosis Program, University Health Network,
Program Director, Internal Medicine
Mount Sinai Hospital
- Ally Murji**
Assistant Professor, Obstetrics & Gynaecology
Mount Sinai Hospital
- Marla Shapiro**
Associate Professor, Department of Family and Community Medicine
University of Toronto
Board of Trustees, North American Menopause Society
Mount Sinai Hospital, North York General Hospital and The University Health Network
- Wendy Wolfman**
Associate Professor of Obstetrics & Gynaecology,
Director of Menopause Unit, Mount Sinai Hospital

Medical Course Directors

Harold Drutz and Wendy Wolfman

Registration (Mature Women's Health Care)

First Name: _____

Last Name: _____

Workplace Facility: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone #: _____

Email: _____

****Confirmation of registration will be sent by email**
Profession:

☐ Family Doctor ☐ Ob/Gyn ☐ Nurse

☐ Nurse Practitioner ☐ Other: _____

☐ **YES** – I would like to participate in the lunchtime
pessaries demonstration with May Alarab

If paying by cheque, please complete this form and make
the cheque payable to **OBS/GYN Associates** and mail to:

*CME – Dept. of Ob/Gyn (Attn: E. Gan)
Mount Sinai Hospital
OPG, 700 University Ave. Room 3-344
Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card
information and **mail to the above listed address** or fax to Th
FAX#: (416) 586-5958

☐ Visa ☐ Mastercard

Card # _____

Expiry Date: _____

Name on Card: _____

Signature: _____

The program is available for viewing at
www.mtsinai.on.ca/seminars/ce

Registration Fees (Canadian \$)

	Before March 11	After March 11
Fellow/Resident/Student	\$ 100	\$ 125
Nurse/Nurse Practitioner	\$ 175	\$ 200
Physician	\$ 225	\$ 250

- Registration fee includes attendance at all lectures, syllabus, CME credits, continental breakfast, lunch and coffee breaks
- Refunds will not be issued for cancellations received after March 11, 2014. A processing fee of \$40.00 will be retained on all cancellations.

Accreditation

- This event is an accredited group learning activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and has been assigned 6.0 credits.
- This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 6.0 MAINPRO®-M1 credits.
- For nurses, this course will fulfill the requirement for reflective practice.

Isabel Bader Theatre 93 Charles St. Victoria College

The Isabel Bader Theatre is part of Victoria College, University of Toronto and is located just south of Bloor and Avenue Rd. (across from the Royal Ontario Museum). The Isabel Bader Theatre is located steps away from **Museum Subway Station**, on the south side of Charles St. An underground parking lot is available for use within walking distance at "The Colonnade" off Bloor St. at St. Thomas St.

CME
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University of Toronto
Department of Obstetrics &
Gynaecology



10th Annual

Mature Women's HealthCare

Friday, April 11th, 2014

Location:
Isabel Bader Theatre
Victoria College, University of Toronto
93 Charles St.
Toronto, Ontario