



# **NOURISHING THE NEONATE CONFERENCE**

# FRIDAY, SEPTEMBER 26, 2014

Registration and light breakfast

Ivey Spencer Leadership Centre 551 Windermere Road, London, Ontario 8:30 a.m. – 5:00 p.m.

## **AGENDA**

8:30 a.m.

4:45 p.m.

5:00 p.m.

0.50 a.m.	Registration and light breaklast
9:05 a.m.	Welcoming remarks
9:15 a.m.	The Effect of Microbiome and Probiotics on the Baby? Gregor Reid, PhD, MBA, ARM, CCM, Dr HS, FAAHSD
10:15 a.m.	Support of the Exclusively Human Milk fed Preterm Infant after Discharge Debbie O'Connor, PhD, RD
11:15 a.m.	Nutrition break and networking
11:30 a.m.	Transgenerational Health: You are what Your (Grand) Mother ate! Deborah Sloboda, PhD
12:30 p.m.	Lunch with the experts  When registering choose the expert you would like to lunch with
1:30 p.m.	Donor Breast Milk: Who needs it? Who gets it? Who wants it? Joan Brennan-Donnan, BASc, MSc(c), RD
2:30 p.m.	<b>Breastfeeding Support in the Information Age</b> Orlando da Silva, MD, MSC, FRCPC
3:30 p.m.	Nutrition break and networking
3:45 p.m.	Measuring Oral Feeding Success in the NICU: It's more than Volume

Sue Ludwig, MSc, OTR/L, NTMTC

Wrap-up and closing remarks

Adjourn

### **EVENT DESCRIPTION**

This program is designed to meet the educational needs of the health care practitioner involved in the nutritional care of the newborn and who specialize in the care of the preterm infant in hospital and following discharge. The program is relevant to Registered Dietitians, Registered Nurses, Nurse Practitioners, Neonatal Therapists (OT, SLP, PT), Neonatologists, Paediatricians and Family Physicians involved in neonatal and post-discharge follow up.

Our expert panel will review the most up to date evidence on relevant topics related to human milk feeding and breastfeeding support. Hot topics such as probiotics and human milk feeding and their effects on the infant microbiome and trans-generational health effects of nutrition are also highlighted.

#### PROGRAM OBJECTIVES

Upon completion of this program, participants will be able to:

- Achieve a greater understanding of the importance of early nutrition and human milk feeding on long term health outcomes, including transgenerational health effects.
- 2. Appreciate the importance of probiotics and their impact on the infant microbiome.
- Identify key benefits of providing pasteurized human donor milk to the hospitalized preterm infant.
- 4. Identify criteria for successful oral feeding based on infant-driven feeding cues in the NICU infant.
- Discuss key nutritional aspects of providing human milk to the preterm infant following discharge.
- Gain an understanding of innovative support and educational strategies for the breastfeeding mother.

#### **CONFERENCE FEES**

All Professionals: \$120 Includes course materials, lunch, refreshments and applicable taxes.

## **CONTINUING PROFESSIONAL DEVELOPMENT**

### REGISTRATION

Register online at schulich.uwo.ca/cpd/neonate or by phone, 519.661.2111 ext. 81577

### **ACCOMMODATIONS**

On site: Special rates are being offered to group delegates at \$114/night. www.iveyspencerleadershipcentre.com

#### **ACCREDITATION**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University 6.25 hours.

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 6.25 MAINPRO-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational activity.

Twenty-five per cent of the time is for participant interaction and questions.

#### CANCELLATION POLICY

Western University reserves the right to cancel this program due to insufficient registrations or circumstances beyond its control. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by Western will be refunded in full, however Western will not be liable for any loss, damages or other expenses that such cancellations may cause.

#### **REFUND POLICY**

For courses with a tuition fee, a notice of cancellation must be received in writing 10 business days prior to the program date. A minimum of \$10 up to a maximum of 20% of the tuition fee, whichever is greater, will be charged for cancellations received on or before this date. Western regrets that refunds cannot be offered after the notice of cancellation deadline. Receipts are issued on the day of the course.

#### PRIVACY POLICY

Western respects your privacy. The personal information collected on this form is collected under the authority of The University of Western Ontario Act, 1982, as amended, and is used for the following purposes:

- 1. Provide you with confirmation of registration for this program
- 2. Provide follow-up information to you about this course, as necessary
- 3. Inform you of future educational opportunities
- Maintain class lists and attendance records so that you can obtain study credits/certificate of attendance where applicable.

This information may be disclosed to professional bodies, as required.

Please note that no information about you, including your e-mail address, will be disclosed to external third-party organizations without your consent. Your name and contact information can be removed from our database at any time by contacting Continuing Professional Development by telephone, fax, e-mail or by regular mail. Please direct questions about this collection, use or disclosure of personal information to the Manager, Continuing Professional Development by telephone 519.661.2111, ext. 82936. By submitting your information, you are giving consent to Western to use your information as stated above.

#### **ACCESSIBILITY**

Western University is committed to achieving barrier free accessibility for persons with disabilities studying, visiting and working at Western. Please let us know if you require information in a different format or if other arrangements can make this event accessible to you.

#### **EDUCATIONAL SPONSOR**

This program is supported in part by an educational grant from Mead Johnson Nutrition.



#### CONTINUING PROFESSIONAL DEVELOPMENT

Schulich School of Medicine & Dentistry, Western University Rm. 227, 100 Collip Circle, London, ON, Canada N6G 4X8 t. 519. 661. 2111, ext. 81577 f. 519. 661. 3295 e. cpd@schulich.uwo.ca



