

## Comments from Course Participants

"Now I know how to talk and care for these families. It gave me a better understanding on what I can say and do for these families"

"I am going back to my hospital and change the way miscarriage patients are treated. I am horrified at the pain we have caused because we just didn't know."

*(Day Surgery RN)*

"The realization that you may be one of the only people that ever meets their child"

"I realized how powerful we caregivers are to change the experience of bereaved parents." *(L&D RN)*

"I have more confidence in my ability to care and provide for families." *(Clinic office staff member)*

"I will be a more supportive and compassionate caregiver." *(Emerg RN)*

"I will try to get as many of my colleagues as possible to attend this course." *(Funeral Director)*

"As a nurse, it opened my mind to the viewpoint of the family and how I could better help them"

## PAIL Network

PAIL Network is Canada's leading organization that families' turn to for support and hope in dealing with pregnancy and infant loss.

## Resources for your Hospital/Clinic

### Silent Birth – Losing a Baby

An information resource for parents who have recently lost their baby. Includes what to expect in the moments and days afterward, funeral arrangements and a special section for mothers on how to take care of the physical aftermath

### Early Pregnancy Loss

An information resource for parents who have recently experienced the loss of a pregnancy covering both the emotional and physical aftermath.

To order materials for your clinic please visit [www.pailnetwork.ca/education](http://www.pailnetwork.ca/education)

## Services for Bereaved Parents

- Peer led support groups
- One-to-one peer led telephone or email support
- Memorial events

For more information on support services for bereaved families in your community please visit [www.pailnetwork.ca/parents](http://www.pailnetwork.ca/parents)



## One Day Sensitivity Training In Perinatal Bereavement

**Tuesday November 25th 2014**  
**VON Sakura House**  
**Woodstock**

**8:30 AM to 4:30 PM**



## About the Workshop

An experiential one day workshop developed for all health care professionals who interact with families who have experienced the loss of a pregnancy or infant.

### As a professional, do you know how to react? Do you know what to say?

Training will help you learn the skills based on grief theory to help grieving families in all these situations and will provide knowledge and guidance to hospitals that will assist them in meeting the current hospital accreditation standards related to palliative and bereavement care.

Participants will receive a resource kit, instructions for memory making ideas and a Certificate of Attendance.

## The Facilitators

The workshop is facilitated by two experienced health care professionals who have direct experience working with families who have experienced the loss of an infant or pregnancy. The facilitators will present the latest research including key Canadian findings and best practices in bereavement care.

## 1 Day Training Topics

### GRIEF THEORY AND APPLICATION

- Attachment theory
- Grief and the meaning of loss
- Self-reflection
- Case studies

### UNDERSTANDING PERINATAL LOSS

- Early loss to neonatal loss
- Multiples, teen pregnancy
- Medical Termination

### HAND AND FOOT MOULDS

### SUBSEQUENT PREGNANCIES

### CULTURAL COMPETENCY

- Best practices
- Local cultures, experiences
- Rituals – Role of the funeral director

### CARING FOR THE CAREGIVER

- Guidelines for grief support
- Managing personal experiences and professional boundaries

### FOLLOW UP AND ON-GOING SUPPORT

- How are families looked after following their loss
- Local resources

### MAKING LOVING MEMORIES

- Tips for photography
- Memory building

### PARENT PANEL

- Parents share their personal stories of loss

## Who should attend?

This **One day course** is open to all health care professionals: registered nurses, physicians, midwives, social workers, doulas, spiritual care providers, educators, counsellors, staff from reproductive technology clinics, medical clinic office workers, ultrasound technicians, NICU, public health nurses and funeral home staff.

## Cost

**\$120.00**

## Registration

Please register online at

[www.painnetwork.ca/seminar](http://www.painnetwork.ca/seminar)

Payment can be made with Credit Card or Pay Pal.

If you have any questions regarding the course please contact [education@painnetwork.ca](mailto:education@painnetwork.ca)