

INTRODUCTION TO THE BFI 20-HOUR TRAIN THE TRAINER COURSE

ABOUT

The BFI 20-Hour Train-the-Trainer Course is a two-day session that is being delivered across the province to provide hospitals and community health services with the materials required to implement the WHO/UNICEF BFI-20Hour Breastfeeding Course curriculum. The workshop will provide an overview of the contents of the course, with special attention paid on how to effectively deliver the material including suggested teaching strategies.

The workshop will cover the content of the toolkit, divided into four distinct modules:

MODULE I: Promoting and Protecting Breastfeeding

MODULE II: Breastfeeding Basics

MODULE III: Management of Breastfeeding Challenges

MODULE IV: Supporting Breastfeeding

Strategies regarding the recommended supervised clinical practice component will also be reviewed.

All workshop participants will receive a BFI 20 Hour Course Toolkit as a takeaway.

WHO SHOULD ATTEND?

To attend this workshop, your organization must have previously participated in the BFI Implementation Workshop.

Organizations should send participants who will be will be facilitating the BFI 20-Hour Course. Participants should be experienced presenters and also be knowledgeable about breastfeeding and Baby-Friendly practices.

Priority for the workshops will be given to representatives from Hospitals, Community Health Centres, Family Health Teams, Aboriginal Health Access Centres, and Nurse Practitioner-Led Clinics. Public Health Units and Midwifery Practices are also invited to attend if there is space. Two participants from each organization are invited to attend.

There is no minimum number of participants required for the workshop, but all organizations within the region (for example, within one-hour driving distance of the workshop) are encouraged to attend, as the BFI Strategy for Ontario can accommodate a maximum of two workshops a month – it will be a while yet before we can return to your area for another run!

There is a cap of 20 participants for each workshop to ensure for meaningful participation and group work. If you require additional capacity, please speak with the project team.

BFI IMPLEMENTATION WORKSHOP

PARTICIPANT FAQ

IS THERE A COST TO THE WORKSHOP?

The workshop and toolkit are free for participants. Only two participants from your organization can attend and both must be registered ahead of time.

IS THERE PREPARATION REQUIRED?

It is suggested that all participants complete the *Mother/Infant Self-Reflection Guide for Nurses and Clinical Case Studies*, a self-reflection guide developed by the Registered Nurses' Association of Ontario. You will also be asked to complete a pre-workshop survey. Information on how to access these will be sent to you when you register for the workshop.

DO I HAVE TO BRING ANYTHING WITH ME TO THE WORKSHOP?

You are encouraged to bring along any props that you might have used to teach breastfeeding in the past. You will be given a toolkit where you can make notes. Lunch will be provided, but you may want to bring a morning coffee and/or a snack for breaks.

WILL MY TRAVEL BE REIMBURSED TO ATTEND?

No, travel expenses to attend the workshop will not be reimbursed.

ONCE I ATTEND THIS WORKSHOP, AM I ABLE TO DELIVER THIS COURSE?

Yes, you will be able to deliver this course at your organization. Please note that facilitators are **not permitted** to deliver this course content for profit. You will be asked to sign a waiver at the train-the-trainer workshop confirming that you will adhere to this principle.

HOW DO I REGISTER FOR AN UPCOMING WORKSHOP?

Check the BFI Strategy microsite at www.tegh.on.ca/bfistrategy to see upcoming dates for the workshop in your region. To register, email BFIStrategy@tegh.on.ca. If you do not see an upcoming date, please email us to enquire about hosting a workshop.