

Prevention of Childhood Obesity Middlesex-London Primary Care Event

Thursday June 23, 2016, 6p.m.

@ Caradoc Community Centre , 565 Lions Park Drive, Mount Brydges, ON

This program has been accredited by the College of Family Physicians of Canada and the Ontario Chapter for up to 2 Mainpro-M1 credits.

This opportunity is for primary care providers working with children and families in the County of Middlesex and London including: Family Physicians, Pediatricians, Nurse Practitioners, Registered Dietitians, Midwives, Doulas, Registered Nurses and others.

No registration fee. Dinner included.

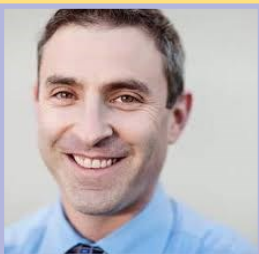
Presentation of a clinical tool developed by the Centre for Effective Practice (CEP), in collaboration with the Ontario College of Family Physicians and the Nurse Practitioner's Association of Ontario

Session Objectives:

- * Highlight the reality patients face when trying to make healthy food choices
 - * Provide an overview of the scope of the issue of childhood obesity
 - * Understand the efficacy/safety of current treatments
 - * Understand the global and local imperative to improve approach

Resources to support you in your practice will be provided.

Featuring



Dr. Yoni Freedhoff, MD, CCFP, ABOM, is an assistant professor of family medicine at the University of Ottawa, and medical director of Ottawa's Bariatric Medical Institute. Dr. Freedhoff is widely considered to be Canada's most outspoken obesity expert. His award winning blog *Weighty Matters* has enjoyed over 12 million visits, and he also writes regularly for Psychology Today, US News and World Report, The Globe & Mail, and the Huffington Post. His first book for the public, *The Diet Fix: Why Diets Fail and How to Make Yours Work* was a number one Canadian best seller.



Dr. Daniel Flanders, MDCM, FRCPC, FAAP, is a Pediatrician and Childhood Obesity expert and owner and executive director of KinderCare Pediatrics, a multi and inter-disciplinary pediatric outpatient centre in Toronto. He has special interest in pediatric primary care, nutrition, obesity and feeding disorders. He has nearly 10 years of experience providing clinical care to children struggling with childhood obesity, initially out of the North York General Hospital's Pediatric Nutrition Program, and more recently, KinderCare Pediatrics.

For more Information:

Nadine Devin, Project Manager
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How to register?

<http://preventionclinicaltoolprimarycare.eventbrite.ca> **by June 10th.**

