

Building Healthy Communities, Naturally

MAVINS

Maternal Virtual Infant Nutrition Support

Breastfeeding &
Lactation Support



Breastfeeding Support at your Fingertips!

mavins.lhsc.on.ca

ACCESS CODE **RJSM**

Funds provided by the **Rhea Jane Seath MAVINS Program**



The Maternal and Virtual Infant Nutrition Support clinic (MAVINS) is a virtual environment supported by International Board Certified Lactation Consultants (IBCLC), Nurses, Doctors and other health care professionals. It offers a thoughtful and caring community for mothers, families and health care practitioners to support and promote the importance of breast milk as the number one source of infant nutrition. The website provides access to articles, featured tips, local resources and a community discussion board to engage and ask questions to other mothers and the MAVINS team. It is now available to hospitals throughout southwestern Ontario.

For information:

<https://mavins.lhsc.on.ca/about>