

Apr.8, 2020

NICU COVID-19 Risk Reduction Guidelines

Due to the ongoing COVID-19 pandemic, please review the following information for the most up to date guidelines in NICU:

Visiting

- One designated caregiver at the bedside in a 24-hour period
- Visitors are limited to two identified caregivers
- At this time no siblings or other family members at the bedside
- Caregivers will call into the unit for screening

Hand Hygiene

- Upon entry to the NICU, sanitize your hands with hand sanitizer
- Before entering your baby's room, use hand sanitizer to wash again
- Wash your hands, or use sanitizer before and after touching your baby
- Use hand sanitizer again after leaving your baby's room

Food & Beverages

- Try to bring your own meals if possible
- There is a fridge and microwave in Pod A for your use
- Sign up for a time slot to use the kitchen, for social distancing purposes
- If you use the kitchen, clean the area before and after
- The cafeteria on D3 is open
- Food & drinks at the bedside are not encouraged, but may be necessary at times – please limit this to drinks with lids & packaged foods

Cell Phones

- Clean your cell phone with alcohol wipes when you arrive in NICU - your nurse can provide these for you
- Use hand sanitizer before and after using your phone

Rounds

- Continue to participate in morning rounds for your baby
- Keep social distancing in mind, the NICU team will hold discussion outside the patient room
- The number of team members in contact with your baby will be limited