

Care of Woman and Newborn(s) with confirmed or suspected COVID-19 Infection

*If discharging from OBCU, MBCU ICP/Charge nurse or delegate to assist OBCU to complete this checklist. MBCU nurse to bring all supplies required to complete discharge requirements in the OBCU in one care encounter that includes, teaching pamphlets, Service Ontario Card, TcB, Newborn screening, documentation etc.

MATERNAL CHECKLIST	N/A	√	Nurse Initials
Place hand sanitizer pump for mother at bedside. Review/teach mother how to properly don and doff her mask and perform hand hygiene			
Provide patient with patient information specific to COVID-19: <ul style="list-style-type: none"> • Contact with Newborn for Pregnant Women with Confirmed or Suspected COVID-19 Infection • Feeding infants born to Mother with Confirmed or Suspected COVID-19 Infection • COVID-19 (Coronavirus) & Pregnancy brochure LHSC & MNCYN • Plans for Managing at Home Following your Birth During the Covid-19 Outbreak 			
Have patient complete <i>Learning Needs</i> section of the Mother Baby Education Record (NS7578) This can be done verbally			
*Provide teaching as identified by the patient to be a learning need All bolded topics are mandatory for all patients Provide relevant written or weblinks to material that support the needs identified by the patient Review and provide the MBCU Discharge Instructions handout (NS2508)			
*Perform Healthy Baby Healthy Children Screen in BORN. Obtain verbal Consent for all three fields. Sign and date the screen (at bottom of 'Questionnaire' page) Public Health Nurse Liaisons may assist with this if you have questions – pager #15180 Monday to Friday 730-3			
Complete Postpartum BORN encounter			
Remind patient that herself, partner and newborn(s) or anyone else in the home to continue isolation at home and not leave the house, other than for a required medical visit and then to follow up with their family doctor for further direction			
Instruct patient and family to call ahead to health care appointments/clinics/hospital prior to arrival during the period of home isolation due to confirmed or suspected COVID-19			
Patient has met postpartum discharge criteria located on the MBCU website under " discharge criteria " and ensure a discharge order is in Powerchart			
Discharge medication reconciliation is complete. Provide patient with necessary prescriptions.			
Inform patient to call the Health Connection 519-663-5317 ext. 2280 to speak with a Public Health Nurse, Monday to Friday from 8:30 a.m. to 4:30 p.m. for postpartum/newborn concerns. Telehealth breastfeeding hotline. Inform patient of MAVINS (the virtual environment for breastfeeding support) https://mavins.lhsc.on.ca/ Access code - RJSM			
Instruct patient to arranged transportation home (ensure she is not driving herself)			
Instruct patient and support person to don new PPE when leaving the healthcare centre (as required)			

Care of Woman and Newborn(s) with confirmed or suspected COVID-19 Infection

INFANT CHECKLIST	N/A	√	Nurse Initials
NICU consultation at birth to obtain order to consult Pediatric Infectious Disease			
Testing at Birth			
As per orders, test newborn(s) for COVID-19 <ul style="list-style-type: none"> Nasopharyngeal swab (umbilical swab may be considered) Call NICU admissions nurse to swab newborn 			
Vitals			
Assess colour, tone and visually inspect for presence of jaundice. Complete these assessments and vital signs according to the following frequency, while infant remains in hospital: <ul style="list-style-type: none"> Initially following birth (within the first 15 - 30 minutes) 1 hour later/2 hours of life Every 4 hours of life and monitor ongoing for signs of CORONAVIRUS Fever, runny nose, cough, difficulty breathing, vomiting/diarrhea 			
Feeding			
Encourage newborn skin to skin with mother who is wearing a mask. Infant cot should be kept more than 6 feet from mom's face if feasible at other times			
Review and provide Breastfeeding guidelines (NS4468) or Formula Feeding Guidelines (NS4469) document Encourage mother/parents to document feedings and voids/stools in the Infant Feeding Diary section of this document and bring to any infant follow-up appointments for healthcare provider assessment of feeding effectiveness			
Instruct mother/caregiver to sanitize Breast Pump parts (as applicable) prior to each feeding			
Discharge Exam and Order			
Request MRP complete and document their newborn exam on the Newborn Physical Assessment Record (NS4508). Make a copy of this document and provide it to the mother/caregiver.			
A "discharge" order is in powerchart (this may be a communication order or in a planned state)			
*Newborn Screening			
Document education of 'What is newborn screening –when will my baby be tested' on the Mother Baby Education Record (NS7578). If the mother/caregiver declines screening, ensure the MRP is notified prior to discharge and that this decision is documented in the newborn's chart. The decline/defer section of the requisition must also be completed and sent back to Newborn Screening Ontario. Send completed screens to MBCU C4-300			
Complete newborn screening (If discharging from OBCU, MBCU ICP/Charge nurse to complete)			

See page 2

Care of Woman and Newborn(s) with confirmed
or suspected COVID-19 Infection

Page 2

*Hyperbilirubinemia Screening			
As required, complete Transcutaneous Serum Bilirubin (TSB) following the <i>Guidelines for the Screening and Management of Newborn Hyperbilirubinemia</i> and document on the newborn physical assessment record if level is in a discharge zone as per nomogram			
*Hearing Screen			
An infant hearing screen will be scheduled at a community location near the family's home. <ul style="list-style-type: none"> Add a mother and infant addressograph label to the top of the Universal Hearing Screen form and place in the box on C4-300 Provide mother/caregiver with "Can your baby hear?" handout Parents will be contacted within 2 weeks and instruct them to call the number provided if they haven't heard from the program by 2 weeks 			
Other			
Have patient complete and sign the Ontario Health Card Form. Consider filling it as much as possible on behalf of the patient and then just have them sign using caution not to contaminate the form. Tear of bottom portion and provide to mother/caregiver. Send to folder on MBCU C4-300			
Perform Identification of the newborn prior to discharge with the mother/caregiver by checking the ID band on newborn and documenting on the Newborn Identification record (NS4155). Nurse and the mother/caregiver to sign.			
Instruct mother/caregiver to call their MD/infant's MRP to schedule their first newborn checkup (within 72 hours of discharge). (consideration for telephone / video consultations for newborn follow up, where possible)			
Determine if a follow-up with infectious disease is indicated (consideration for telephone/video consultation, where possible)			
Document discharge with date/time and all pertinent details in the clinical progress notes. Following discharge send the newborn's chart to MBCU C4-300.			
*Complete Newborn BORN encounter			