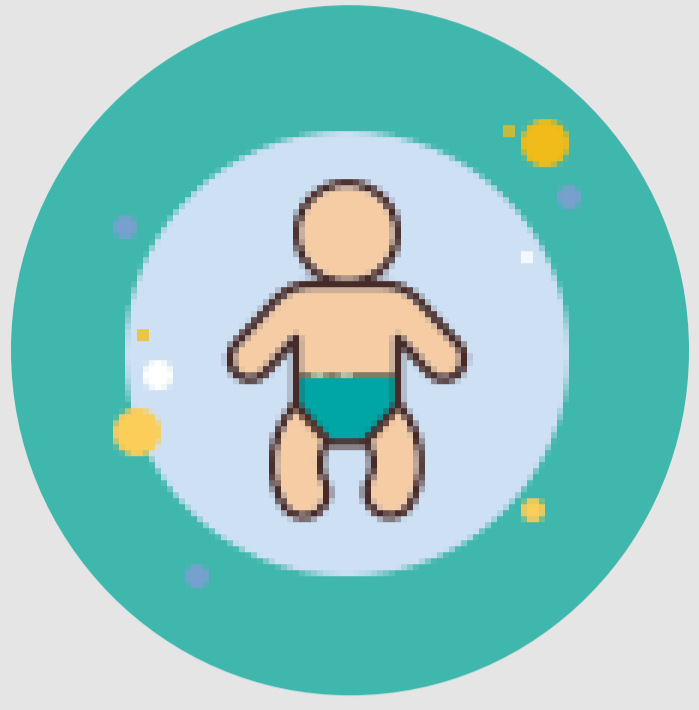


COVID-19 AND PREGNANCY



Labour and birth still happen during a pandemic.



The hospital is a safe place.

We're taking extra measures to keep you and your baby safe



Don't delay seeking care.

Even during this time of physical distancing, you and your baby still need care. Your health-care team is here for you. Seek medical care when needed.



Trust your instincts.

Call the hospital or your health-care provider if you have questions or go directly to the obstetrical unit if you are concerned about you or your baby's health.

**It's okay to have questions.
We're here to help.**