



Midwife of the Month

Nikki Mills

Talbot Creek Midwives



Congratulations Nikki on your nomination for midwife of the month. Nikki is truly one of a kind. Nikki has helped to create the Talbot Creek Midwifery practice and has helped lead and teach over her entire career. Nikki has not only spent countless hours growing her skills over the past 30 years, but she has also shared these skills with others, one of her greatest gifts to this world.

Nikki has so many skills, we cannot possibly list them all! She is an avid supporter for women, their babies and for the midwives that support them. Nikki is involved in academic practice, teaching and research not only as a midwife but as Nurse Practitioner. Nikki specializes in addictions treatment and her interests include women's health, as well as expanded midwifery scope. Nikki is hoping to help bridge her midwifery work and addictions work to increase support for vulnerable populations, creating a safe space for those seeking equity, anti-racism and social justice.

Nikki is constantly learning and growing as a midwife, nurse practitioner, leader, practice shareholder, mother and caretaker of so many others in her life. Nikki is an emergency skills trainer, is working towards inserting Foley catheters for clients when needed for improved induction process, working alongside the practice to conduct a research study exploring the impacts of outpatient Foley induction on client satisfaction rates, is also assisting with research on how to improve support for those involved in cases with poor outcomes, and their lasting effects for midwives. Nikki, alongside her midwifery team is helping to lead Talbot Creek into the next generation through ongoing quality improvement and team development.

If you need some physical or emotional support, or someone to help you manage your care planning for clients, Nikki is a constant source of reassurance. Nikki will drop anything and be by your side at any moment. In the words of one of her colleagues "She is so incredibly dedicated and hardworking, and is so passionate about her practice and her team! I feel like she instills a sense of confidence and belonging that allows Talbot Creek to flourish and promotes the feeling that we can accomplish anything, we are so incredibly lucky to have her!"